

COURSE LEADERS

Julienne McLean is a psychologist, Jungian analyst and spiritual director.

For many years, she has been teaching, writing, and running retreats on Jungian psychology and Carmelite spirituality, particularly in relation to the life and writings of the Carmelite saint and writer, St Teresa of Avila.

Viv Stacey is a spiritual director and offers courses and retreats in Christian contemplative spirituality. She has a particular interest in creative process and poetry in spirituality, and also the role of the body in processes of listening and reflection. She facilitates meditative listening groups within the Focusing Institute UK.

To book, please contact the House of Prayer
on 020 8 941 2313 or email
info@christian-retreat.org.

For all enquiries and more information
please contact Julienne on 020 8 451 5255
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info@contemplativespirituality.org

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Francisco de Osuna on RECOLLECTION :

“ .. the purpose of this exercise is to gather together and collect that which is dispersed . The devotion is called recollection because it gathers together those who practice it and, by erasing all dissension and discord, makes them of one heart and love.”

ST JOHN of the CROSS

'Far beyond the boundaries of the Catholic Church, John of the Cross is recognised as one of the leading spirits, a reliable signpost, which no one who earnestly wishes to advance into the mysterious realm of the interior life may bypass. '

Edith Stein, Carmelite philosopher and martyr

MOVEMENTS

IN THE SOUL

TOWARDS UNION



Five day workshops during 2013

on Saturdays 11 – 4pm at

The House of Prayer,

35 Seymour Road,

East Molesey KT8 0PB

ABOUT THE STUDY

THE PURPOSE

To bring together and support those who are drawn to a contemplative spiritual path. To make known writings and spiritual practices from the Spanish Mystical Tradition and explore with others their contemporary relevance.

To nurture the spirit of St John's and Teresa of Avila's reform in establishing small spiritual communities – 'small companies of friends'

THE TEXTS FOR STUDY

In the May to September workshops, there will be selections from *The Third Spiritual Alphabet* by Francisco de Osuna (c.1492-c.1540).

In the October and November workshops, there will be selections from *The Spiritual Canticle* by St John of the Cross. Icons, and music and the commentary text will be used to illuminate the insights of this great Carmelite teacher.

THE NATURE OF THE COURSE

The six workshops form an integrated series, but you can book for single workshops. The cost of each workshop is £15, and £75 for the booking the six workshops.

Healing the Separate Self -

Francisco de Osuna's teaching on recollection offers a psychological framework grounded in spiritual practice of the foundation of contemplative living.

Healing of Eros - St John of the Cross's poetry, along with the icons, gives us powerful symbols that open up the depths of spiritual union.

In each workshop, there will be interactive presentation of the text, experiential exercises and a period of silence.

DATES AND THEMES

Saturdays 11am – 4pm

Healing the Separate Self-

4th May 2013 - *The fragmented self and the need for healing.*

15th June 2013 – *Osuna's threefold way – a dynamic process, a framework of understanding and faithful practice.*

13th July 2013 – *Finding spiritual identity – in silence, surrender and emptiness.*

21st September 2013 – *Safeguarding the inner life and the beginning of the contemplative mind.*

Healing of Eros

12th October 2013 *Eros awakens – the arousal of spiritual desire and Eros energy in spiritual transformation.*

16th November 2013 – *Becoming the beloved of God and Consummation of God's desires.*