

## Retreat Leaders

Julienne McLean is a psychologist, Jungian analyst and spiritual director in North London. She has had a lifelong involvement in the Christian contemplative tradition, and has been teaching, writing and running retreats for many years on Jungian psychology, prayer and Carmelite spirituality. She is the author of 'Towards Mystical Union' (2003, St Paul's), a modern commentary on St Teresa of Avila's classic text on prayer, 'The Interior Castle'.

Viv Stacey is a spiritual director with a background in hospital chaplaincy. She leads quiet days, retreats and formation programmes offering creative readings of mystical writings and wisdom literature. She teaches and enables daily practices of compassionate and creative listening. Most of her work is offered through the Christian Contemplative Spirituality Network, and in association with the British Focusing Teachers Association.

Judy Barber is an experienced bereavement psychotherapist and has a particular vocation in Christian healing. She has a background in nursing and psychology, and is engaged in the creative practice of painting and writing.

Rev Michael Gartland is an Anglican priest and transpersonal psychotherapist working mainly in the NHS, leading a multifaith mental health chaplaincy and counselling service in West Yorkshire. He has research and teaching interests in fourteenth century English mysticism and Buddhist psychology. He has extensive experience in leading retreats and of involvement in Buddhist-Christian dialogue.

## Venue

Holy Isle, located off the Isle of Arran on the south west coast of Scotland, is officially designated as a UK Sacred site and has a long spiritual history, stretching back to the 6<sup>th</sup> Century. It is endowed with an ancient healing spring, the hermit cave of a 6<sup>th</sup> Century Celtic monk, St Molaise, and evidence of a 13<sup>th</sup> Century Christian monastery. The island was bought by Tibetan Buddhists (Kagyü tradition) in 1992 who run the Centre for World Peace and Health on the north of the Island. Alongside their ongoing retreat and course programme (see [www.holyisle.org](http://www.holyisle.org)) their vision is for the Centre to become a focal point for multifaith work and retreats, as well as being a peaceful refuge from the hectic modern world.

[www.contemplativespirituality.org](http://www.contemplativespirituality.org)

# ABIDING IN THE RADIANCE OF THE HEART



*A week of silence and deep engagement with the mystical writings from the Christian contemplative tradition, on beautiful Holy Island, Scotland*

April 18th – 24th 2013

## *The Retreat*

*The retreat is being offered in response to the quickening of desire in many Christians who feel drawn to live as contemplatives in the world and long for deeper understanding of Christian contemplative wisdom to support this call. Holy Island, itself, is a unique sanctuary of peace, holiness and radiance. The main purpose of the retreat is to be gathered together in prayer and spiritual friendship in this ancient, beautiful and sacred place and to share a daily rhythm of spiritual reading, creative liturgy and silence.*

*Each day we will meet for silent prayer, lectio divina and spiritual conversation around a portion of the Christian wisdom writings that may illuminate the deepest call on our life. Simple and inclusive forms of chant and rite will take us deeper into silent prayer and there will be opportunities for meditative work or walking that bring us into the radiant stillness of the heart.*

*This wisdom will be illuminated by the Spanish mystical writings on prayer. St Teresa of Avila takes us into the path of Joy and Delight and St John of the Cross accompanies us in the Path of the Beloved, as we participate, altogether, in the fullness of God's love.*



## *Daily Retreat Schedule*

7.00am	<i>Silent prayer</i>
7.30am	<i>Eucharist</i>
8.15am	<i>Breakfast (silent)</i>
9.30 - 12	<i>Morning Session</i>
12.30pm	<i>Lunch (silent)</i>
	<i>Free Afternoon</i>
5 - 6pm	<i>Practice</i>
6pm	<i>Supper (silent)</i> <i>Entering night silence</i>
7.30pm	<i>Evening Liturgy</i>

## *Booking Form*

*The cost for the retreat is £160. To book, please send an email to [info@contemplativespirituality.org](mailto:info@contemplativespirituality.org) with your name, address, phone number and accommodation preference. Could you also send a deposit cheque of £50 made out to the Contemplative Spirituality Network to Flat 20, Christchurch Court, 171 Willesden Lane, London. UK. NW6 7XF. The remaining £110 is due by 30<sup>th</sup> January, 2013.*

*The cost of the accommodation and full vegetarian board during the retreat (6 days) is £282 for a single room, £216 for sharing a twin room and £168 for sharing a dormitory. This cost is paid directly to the Holy Island Conference Centre at the beginning of the retreat.*

*For all enquires, further information and booking, please contact Julianne on 020 8 451 5255 or Viv on 01483 771757 or email [info@contemplativespirituality.org](mailto:info@contemplativespirituality.org) [www.contemplativespirituality.org](http://www.contemplativespirituality.org)*