

Retreat Leaders

Julienne McLean is a psychologist, Jungian analyst and spiritual director in North London. She has had a lifelong involvement in the Christian mystical tradition, and teaches, writes and runs retreats on Jungian psychology, prayer and Carmelite spirituality. She co-facilitates the contemplative school of the heart programme. She is the author of 'Towards Mystical Union' (2003, 2013), a commentary on St Teresa of Avila's book, 'The Interior Castle'.

Judy Barber is an experienced bereavement psychotherapist and has a particular vocation in Christian healing.

She is a spiritual director, runs meditation groups and co-facilitates retreats. She has a background in nursing and psychology, and is engaged in the creative practice of painting, writing and glass icons.

Rev Michael Gartland is an Anglican priest and transpersonal psychotherapist working mainly in the NHS, leading a multifaith mental health chaplaincy and counselling service in West Yorkshire. He has research and teaching interests in fourteenth century English mysticism and Buddhist psychology. He has extensive experience in leading retreats and of involvement in Buddhist-Christian dialogue.

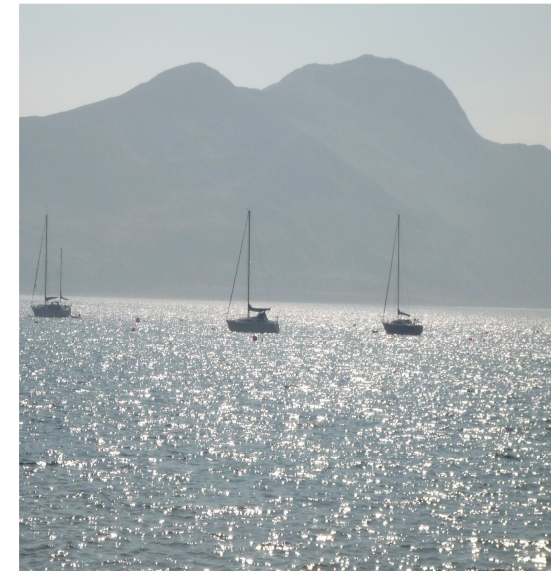
Roger Ferguson is a retired solicitor and has been a Quaker and a meditator since the 1970s. He has a particular interest in the Christian and Buddhist contemplative traditions. He is a spiritual director with experience of facilitating retreats and weeks of accompanied prayer.

Venue

Holy Isle, located off the Isle of Arran on the south west coast of Scotland, is officially designated as a UK Sacred site and has a long spiritual history, stretching back to the 6th Century. It is endowed with an ancient healing spring, the hermit cave of the 6th Century Celtic monk, St Molaise, and evidence of a 13th Century Christian monastery. The island was bought by Tibetan Buddhists (Kagyü tradition) in 1992 who run the Centre for World Peace and Health on the north of the Island.

Alongside their ongoing retreat and course programme (www.holyisle.org) their vision is for the Centre to become a focal point for multifaith work and retreats, as well as being a peaceful refuge from the hectic modern world. www.contemplativespirituality.org

ABIDING IN THE HEART OF LOVE



A week of silence, spiritual reflection and deep engagement with the mystical writings from the Christian contemplative tradition, on beautiful Holy Island, Scotland

August 26th – Sept 2nd
2017

The ancient and sacred location of Holy Island is what the Celtic bards call a 'thin place' where spiritual realities are powerfully present.

Gathering together in prayer and spiritual friendship on this retreat allows ourselves to be drawn more deeply into the mystery of this beautiful island, as a place of sublime stillness and infinite spaciousness.

The second half of the last century was one of deepening encounter between spiritual traditions of East and West. In particular, the Christian 'desert' tradition of prayer strongly resonates with the Buddhist tradition of meditation, as expressive of deepest reality. Holy Island, as a sanctuary of peace, holiness and radiance has a long history of Christian pilgrimage and has been owned by a Tibetan Buddhist community since 1992. It is, uniquely, a place where ancient spiritual currents of East and West intertwine and flow swiftly and deeply together.

Each day we will meet for silent prayer, Holy Communion, creative liturgy, lectio divina, chanting and spiritual conversation around Christian mystical writings that illuminate the deepest call on our life. We will share selections from the writings of the Spanish and English mystics, St Teresa of Avila, St John of the Cross, Francisco de Osuna and Richard Rolle. There will be opportunities for conscious work in the garden, walking meditation and a pilgrimage to the cave of St Molaise that brings us into the radiant stillness of our heart.



Daily Retreat Schedule

7.00am	<i>Silent prayer</i>
8.00am	<i>Breakfast (silent)</i>
9.00am	<i>Eucharist</i>
10am - 12	<i>Morning Session</i>
12.30pm	<i>Lunch (silent)</i>
3.30 – 4.30pm	<i>Work in the Garden</i>
5 - 6pm	<i>Walking Meditation and prayer</i>
6pm	<i>Supper (silent)</i>
8.00pm	<i>Evening Session</i>

Booking Form

The cost for the retreat is £190. To book, please send an email to info@contemplativespirituality.org with your name, address and phone number. To confirm your place, please send a deposit cheque of £50 made out to the Contemplative Spirituality Network to Flat 20, Christchurch Court, 171 Willesden Lane, London. UK. NW6 7XF. The remaining £140 is due by 31st May, 2017.

The cost of the accommodation and full board (vegetarian) for the retreat (7 days) is £385 for a single room, £280 for sharing a twin room and £224 for sharing a dormitory. This cost is paid directly to the Holy Island Conference Centre at the beginning of the retreat.

For all enquiries, further information and booking the retreat, please contact Julienne on 020 8 451 5255, 07527 993696, Judy on 07816 155 483 or email info@contemplativespirituality.org www.contemplativespirituality.org